

## 1. Adult Program Overview

The **Fanshawe Yacht Club Sailing School (FYCSS)** is located on Fanshawe Lake in London, Ontario and offers certified Learn to Sail courses for both adult and youth students in a fun and exciting environment. All instructors at the FYCSS are rated by Canada's national authority for sailing, Sail Canada. Class sizes are optimized for learning; Sail Canada recommends a maximum of 10 students per instructor. The fleet of sailboats available at the FYCSS includes CL 14's, Lasers, RS Quests, RS Zests, RS Fevas and Club 420's.

The school provides all necessary sailing equipment, including a personal floatation device (PFD) for each student.

## 2. Sail Canada's CANSail Dinghy Program

The FYCSS delivers sailing instruction through Sail Canada's CANSail Dinghy program, a leading sail training initiative (established in 2012) to foster performance in sailing and lifelong participation in the sport.

CANSail is designed to be a set of progressive learn to sail standards, **comprised of 6 (six) distinct levels**, focused on providing sailors with a solid foundation of core skills. It allows sailors to learn and progress in any type of boat and consolidates key skills and solid experiences before adding complex skills.

Each CANSail level has a checklist of associated skills that must be consistently performed by each sailor in order to achieve certification at that level. **Students work toward 1 (one) level at a time.** If a student consistently displays a skill from a higher CANSail level other than the one they are working towards, his/her checklist for that higher level will also be updated as appropriate. All CANSail level checklists are available online at: [www.LondonSailing.ca/CANSail](http://www.LondonSailing.ca/CANSail)

Sailing is a physically, and often mentally demanding sport. While the staff at the FYCSS will do everything they can to ensure the individual success of each student, **the FYCSS regrets that for the safety of each student and all other sailors, enrolment in a course does not guarantee certification at any level.** The required skills on each of the CANSail level checklists must be met by each student in order to achieve certification.

## 3. CANSail Levels 1-2

### Level 1, 2

Introduce the beginner to sailing, teaching water safety, seamanship, rigging and basic boat handling under a coach's direction to a point where the student has sufficient knowledge and skills to sail safely and competently without supervision in winds of 8-15 km/hr.

## 4. Introduction to Racing

Introduce the basics for participation in club racing with on-water instruction to cover boat handling and race activity. Students will learn to rig and sail the popular Laser dinghy, designed to be sailed single-handed. Students who wish to race double handed will learn to rig and sail the 420's. The main racing rules and signals will be introduced. The prerequisite for this course is a minimum CanSail 1. This is not a certification course.

## 5. Use of FYC Sailing School Boats

Upon being certified at CANSail Level 2, each adult student may use the school boats that they received instruction in, for the remainder of the sailing season to practice and enhance their newly learned skills. This arrangement involves a small fee of \$30 for use of boats, an FYC gate key deposit of \$20, plus park entry fees. Subject to the availability of the boats during school sessions and on a first-come, first-served basis. Adults enrolled in the Introduction to Racing program, may use school boats for Wednesday Night casual races provided they have their CANSail Level 2.

## 6. Course Schedule for Adult Program

CANSail Level	Class Days	Class Time	Number of Classes	Start dates
1 or 2	Mon / Wed	6:00 PM - 9:00 PM	10	26 May
1 or 2	Tues / Thurs	6:00 PM - 9:00 PM	10	27 May
1 or 2	Saturday	9:00 AM - 4:00 PM	4	31 May
1 or 2	Tues / Thurs	6:00 PM - 9:00 PM	10	3 July (Thursday)
Intro to Racing	Tues / Thurs	6:00 PM - 9:00 PM	4	

All courses require a **minimum of four students** to run. If there is enough interest, Intro to Racing may also be offered in August.

## 7. Course Progression

CANSail levels are grouped into each course offered at the FYCSS, with students potentially working toward different levels (for example, one student may be working toward their CANSail Level 1 while another, more experienced, student works toward their CANSail Level 2). Students work toward 1 (one) level at a time. Some students may progress faster depending on their knowledge, skill and past experience. Enrolment in a course does not guarantee certification at any level.

## 8. Course Fees

All courses are offered for a fee of \$610.00 per person, including any course materials. Register a second person (family or friend) and share any printed material (including the course manual for any CS1-2 course) for a "Buddy Bonus" discount of \$10.00 each. Intro to Racing courses are offered for a fee of \$263.00 per person. Fanshawe Yacht Club Owner and Sailing Members receive a \$30.00 discount for immediate family members.

## 9. Clothing and Personal Items

Students need to be dressed appropriately for the weather. At all times on shore and on the water, shorts or swim trunks and a shirt going past waist length must be worn. Students should also consider bringing the following to each class:

- Appropriate clothes for the forecasted weather (jacket, rainwear).
- Complete change of dry clothes (just in case).
- Swimsuit (no bikinis or stringed suits), towel, hat, waterproof sunscreen, sunglasses (and retaining strap).

- Proper footwear. Shoes protect toes and are better than sandals.
- **Flip-flops and open-toed sandals are not permitted to be worn while on a boat or dock.**
- Notebook and pen (for taking notes during on shore instruction).

Valuables should not be brought to class (e.g., phones, cameras, watches, jewellery). These items can be too easily dropped overboard or damaged by the water. Also, the FYCSS cannot be held responsible for valuables left unattended in the buildings or on the dock during a class.

## 10. Safety & Weather Considerations

Safety is the top priority of the FYCSS. Each student is required to wear an approved PFD at all times while in a boat or on a dock. **Our programs continue rain or shine.** While the FYCSS building provides rain shelter, foul weather gives students the opportunity to learn a number of necessary points outside. Proper dress for such days is essential (warm clothes, foul weather gear, rubber boots).

In any training environment for sailing, a degree of boat-to-boat contact is inevitable. However, most contact is avoidable. Students are strongly reminded that **every boat must make every reasonable effort to avoid collisions, even if it has right-of-way**, and even in light winds.

## 11. Arriving for Class

Please plan to arrive at the School (within the Fanshawe Yacht Club grounds) around 15 minutes before your class start time. A list of participants will be provided to staff at the Park gate and this will grant you free entrance into the Fanshawe Conservation Area during Sailing School class times. The route to the Club is well signed. Follow the road across the dam. At the fork in the road, go to the right and follow the main road through the campgrounds. The gate for the Club is marked by a sign indicating a right hand turn. The FYCSS boathouse is just inside the gate on the left. Vehicles may be parked on the grass at the side of the boathouse.

Detailed directions to the Club are available on the Club web site: <https://fyc.on.ca/>

## 12. Student Absences & Make-Up Classes

With the CANSail Program, certification at any level is dependent on the presence of required skills regardless of how much time was invested by each student. Therefore, absences will **not** result in a student being denied certification, however, absences greatly reduce the ability of students to obtain and consistently perform the required skills.

Instructors are **not required to re-teach** a lesson for any student missing a class. **Make-up classes will NOT be made** for individual students under any circumstances. Make-up classes are **not offered** for classes cancelled due to weather; skills that would have been covered will be taught in a subsequent class.

If advance notice of an absence from class is possible, students should inform the FYCSS via email to [school@fyc.on.ca](mailto:school@fyc.on.ca). An email only takes a moment and is greatly appreciated by the instructors.

## 13. Advisement of Instructor Trainees

During a course, certified instructors may be accompanied by Instructor Trainees, or "I.T.s". These volunteers are qualified sailors working toward their teaching certifications and contribute their time, effort, and experience to assist the students and the instructor when possible.

## 14. Medical conditions that School staff should be aware of

Students take full responsibility for their health and confirm that the activities of the sailing school should not aggravate any known medical conditions. The student will inform the school staff of any condition that might develop or manifest during the period of the sailing course.

## 15. Photographic / Video Recordings Consent

During a course, photographs or video recordings may be taken by Instructors or FYCSS volunteers for use on websites or other media outlet, printed mementoes, or future marketing material, at any time. Consent is assumed for each student

through the act of registering in an FYCSS course. If you do not wish any such photographs/videos to be used for such purposes, please inform FYCSS via email to [school@fyc.on.ca](mailto:school@fyc.on.ca), no later than the first day of sailing of the 1st session of the summer.

## 16. Refund Policy

Refunds (less a \$50.00 service charge) will be allowed up to 14 days prior to the start date of each course, subject to confirmation with the School Director. Refunds requested at a later date will require a medical certificate (presented no later than 30 days from the end of the course) and will be prorated by the number of classes taken. No refunds will be given once 50% of the session is completed. Students must notify the School immediately of any medical occurrence. No refunds can be made due to poor weather conditions.

## 17. Marketing

FYCSSL's mission is to build a long term financially viable sailing club that provides sailing activities, facilities, and training in accordance with the needs of our members and the community now and in the future. To that end, FYCSS may use your personal information for the purposes of direct marketing communications to you in relation to promotional activities. FYCSS will provide an express option for you to decline receiving any further marketing communications, via an opt out mechanism. At any time, you may also notify us that you do not wish to receive marketing materials or other communications from FYCSS. We do not sell, lease, rent or otherwise disclose your personal data to third parties.

## 18. Sail Canada Information Release

Contact information for each student must be shared with Canada's national authority on sailing, Sail Canada, so that they can log student progress and issue CANSail certifications. Under no circumstances will student names or information be shared for commercial purposes.

## 19. Information Acknowledgement & Liability Waiver

In registering for this sailing school program, I acknowledge that:

- I have read, in its entirety, the above adult info,
- I understand the CANSail certification system and the skills required for certification to be achieved (see <https://fyc.on.ca/wp-v1/sailing-school/cansail-dinghy-program/>),
- enrolment in a course does not guarantee certification at any level,
- sailing and other related activities may be hazardous and could expose participants to increased levels of risk, and I voluntarily assume these risks as a registering student.

I hereby release the Fanshawe Yacht Club, the sailing school, the Club members, officers, directors, employees and volunteers from all liability, claims and causes of action of any kind in respect of any personal injury, loss of property or loss of life arising out of the activities of the school. I have carefully read this waiver and I fully understand that I am freely executing same. I further understand that by agreeing to this waiver, I am prevented from any claim against the school and its parties.

Participant Name:		
Participant Signature:		Date: