



## 1. Youth Program Overview

The **Fanshawe Yacht Club Sailing School (FYCSS)** is located on Fanshawe Lake in London, Ontario and offers certified Learn to Sail courses for youth students (ages 7-18) as a day school in a fun and exciting environment during the summer months. All instructors at the FYCSS are rated by Canada's national authority for sailing, Sail Canada. Class sizes are optimized for learning; Sail Canada recommends a maximum of 10 students per instructor. The fleet of sailboats available at the FYCSS includes Optimists, CL 14s, RS Quests, RS Zests, RS Fevas, Lasers and Club 420s.

The school provides all necessary sailing equipment, including a personal floatation device (PFD), for each student. Learn to Sail courses are also available for adults. For more information, visit: [www.LondonSailing.ca](http://www.LondonSailing.ca)

## 2. Sail Canada's CANSail Dinghy Program

The FYCSS delivers sailing instruction through Sail Canada's CANSail Dinghy program, a leading sail training initiative (established in 2012) to foster performance in sailing and lifelong participation in the sport.

CANSail is designed to be a set of progressive learn to sail standards, **comprised of 6 (six) distinct levels**, focused on providing sailors with a solid foundation of core skills. It allows sailors to learn and progress in any type of boat and consolidates key skills and solid experiences before adding complex skills.

Each CANSail level has a checklist of associated skills that must be consistently performed by each sailor in order to achieve certification at that level. **Students work toward 1 (one) level at a time.** If a student consistently displays a skill from a higher CANSail level other than the level they are working towards, his/her checklist for that higher level will also be updated as appropriate. All CANSail level checklists are available online at: [www.LondonSailing.ca/CANSail](http://www.LondonSailing.ca/CANSail)

Sailing is a physically, and often mentally, demanding sport. While the staff at the FYCSS will do everything they can to ensure the individual success of each student, **the FYCSS regrets that for the safety of each student and all other sailors, enrollment in a course does not guarantee certification at any level.** The required skills on each of the CANSail level checklists must be met by each student in order to achieve certification.

### 3. CANSail Levels 1-6.

#### Wet Feet

An introduction to sailing for the young child with no previous experience in stable, sturdy Optimist dinghies designed specifically for beginners to sail solo. Sailors learn basic steering and sail control skills in a small-group environment. This program emphasizes safety, fun and learning, and provides ideal preparation for CANSail 1 & 2.

#### Level 1, 2

Introduce the beginner to sailing, teaching water safety, seamanship, rigging and basic boat handling under a coach's direction to a point where the student has sufficient knowledge and skills to sail safely and competently without supervision in winds of 8-15 km/hr.

#### Level 3, 4

Introduce the sailor to sail trim and basic boat tuning and cover additional safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills in winds of 15-25 km/hr. Level 3 requires participation in a club race and Level 4 requires participation in a local 1-2 day regatta.

#### Level 5, 6

The most advanced levels available; offered at the FYCSS through the Race Team program. There is a separate document with details about the Race Team program. For information, contact the Sailing School via email to [ssdirector@fyc.on.ca](mailto:ssdirector@fyc.on.ca)

For Level Checklists, visit: <https://www.fyc.on.ca/sailing-school/cansail-dinghy-program/>

### 4. Course Schedule for Youth Program

CANSail Level	Course Fee	Class Days	Class Time	# of Days	Expected Start Dates
Wet Feet Ages 7-9	\$240.00 July (\$216.00 for July 2-5)	Mon - Fri	9 AM - 1 PM	5	July 2, 8, 15 and 22*
1 or 2 Ages 9-18	\$575.00 (\$517.50 for July 2-12 & July 29-Aug 9)	Mon – Fri	9 AM - 4 PM	10	July 2, 15, 29 and Aug 12
3 or 4 Ages 9-18	\$1150.00	Mon – Fri	9 AM - 4 PM	19	July 2, 29
5 or 6 (Race Team) Ages 9-18	\$1800.00	Mon – Fri	9 AM - 4 PM	39	July 2

All courses require a **minimum of four students** to run.

\*In the event that all the Wet Feet courses are full in July, and there is a waiting list, a Wet Feet course may be offered in August provided there is a minimum of four students.

## 5. Course Progression & Skills Week

CANSail levels are grouped into each course offered at the FYCSS, with students potentially working toward different levels (for example, one student may be working toward his/her CANSail Level 1 while another, more experienced, student works toward his/her CANSail Level 2). Some students may progress faster depending on their knowledge, skill and past experience. Enrollment in a course does not guarantee certification at any level.

## 6. Course Fee Discounts

Multi registrations receive a \$10.00 discount each, after the first course (either the second registration for one student in the same season or second registration in one family). Fanshawe Yacht Club Owner and Sailing Members receive a \$30.00 discount for immediate family members.

## 7. Sailing School Regatta, Parent Evening & Banquet

Each year, the FYCSS holds two events for all students from any course during the season. The first event is the evening Sailing School Regatta, which gives students the opportunity to experience racing in an official regatta format. Parents are encouraged to come out and cheer on the racers. The second event is the Sailing School Parent Evening and Banquet, a dinner and social evening in the Clubhouse.

2024	SAILING SCHOOL REGATTA & BANQUET
Event Date	Saturday – August 17

## 8. Clothing, Personal Items & Daily Lunch

Please ensure your child is dressed appropriately for the weather. At all times on shore and on the water, shorts or swim trunks must be worn. At all times on shore, a shirt going past waist length must be worn. Students are strongly encouraged to bring the following to each class:

- Appropriate clothes for the forecasted weather (jacket, rainwear).
- Adequate amounts of water to drink, especially in the hot summer.
- Complete change of dry clothes (just in case).
- Swimsuit (no bikinis, no string suits), towel, hat, waterproof sunscreen, sunglasses (and retaining strap).
- Proper footwear. Shoes protect toes and are better than sandals. **Flip-flops and open-toed sandals are not permitted to be worn while on a boat or dock.**
- Notebook and pen (for taking notes during on shore instruction).
- A hearty daily lunch (including ice pack, if necessary, drinks and afternoon snack) should be packed in identified reusable containers (the less garbage brought to camp, the cleaner the grounds can be at all times). Please keep in mind that there is **no snack bar/store on site** or nearby.

Please label everything that belongs to your child. Do not allow valuables to be brought to class (ie: phones, cameras, watches, jewellery). These items can be too easily dropped overboard or damaged by the water. Also, the FYCSS cannot be held responsible for valuables left unattended in the buildings or on the dock during a class.

## 9. Safety & Weather Considerations

Safety is the top priority of the FYCSS. Each student is required to wear an approved PFD at all times while in a boat or on a dock. **Our programs continue rain or shine.** While the FYCSS building provides rain shelter, foul weather gives students the opportunity to learn a number of necessary points outside. Proper dress for such days is essential (warm clothes, foul weather gear, rubber boots).

In any training environment for sailing, a degree of boat-to-boat contact is inevitable. However, most contact is avoidable. Students are strongly reminded that **every boat must make every reasonable effort to avoid collisions, even if it has right-of-way** and even in light winds.

## 10. Security

The FYCSS is concerned for the safety and security of your child and will strictly adhere to your transportation arrangements as noted on registration, unless otherwise notified via email to [ss.director@fyc.on.ca](mailto:ss.director@fyc.on.ca) from a parent or guardian, at least one day in advance. For the safety of your child, anyone arriving to pick up your child without the appropriate prior notice will **NOT** be permitted to collect your child.

## 11. Student Absences & Make-Up Classes

With the CANSail Program, certification at any level is dependent on the presence of required skills regardless of how much time was invested by each student. Therefore, absences will **not** result in a student being denied certification, however, absences greatly reduce the ability of students to obtain and consistently perform the required skills.

Instructors are **not required to re-teach** a lesson for any student missing a class. **Make-up classes will NOT be made** for individual students under any circumstances.

If advance notice of an absence from class is possible, **parents should send a note** with their child or inform the FYCSS via email to [ss.director@fyc.on.ca](mailto:ss.director@fyc.on.ca). An email or note only takes a moment and is greatly appreciated by the Instructors and saves the School considerable time when trying to locate each child.

## 12. Transportation

Parents / guardians that will be driving their child to the School should plan to drop off between 8:45 and 9:00 AM and pickup around 4:00 PM. Presentation of your course receipt at the Park gate will grant you free entrance into the Fanshawe Conservation Area for School purposes only. Directions are available online: [www.LondonSailing.ca](http://www.LondonSailing.ca)

We are no longer offering bussing. We strongly encourage parents to explore carpooling options. There are currently several online resources to assist with organizing carpools.

### **13. Advisement of Instructor Trainees**

During a course, certified instructors may be accompanied by Instructor Trainees, or "I.T.s". These volunteers are qualified sailors working toward their teaching certifications and contribute their time, effort and experience to assist the students and the instructor when possible.

### **14. Photography and Videos**

By registering for participation in FYCSS or otherwise participating in school activities, parents or guardians grant permission for films, video recordings, slides, photographs and other media representations (collectively, "Photograph") to be taken of their child or grandchild during FYCSS related activities. FYCSS is then authorized to use any such Photograph in its publications, press coverage, promotional materials, websites or other media outlet at any time.

If you do not wish any such photographs/videos to be used for such purposes, please inform FYCSS via email to [ss.director@fyc.on.ca](mailto:ss.director@fyc.on.ca), no later than the first day of sailing of the 1st session of the summer.

### **15. Marketing**

FYCSS's mission is to build a long term financially viable sailing club that provides sailing activities, facilities, and training in accordance with the needs of our members and the community now and in the future. To that end, FYCSS may use your personal information for the purposes of direct marketing communications to you in relation to promotional activities. FYCSS will provide an express option for you to decline receiving any further marketing communications, via an opt out mechanism. At any time, you may also notify us if you do not wish to receive marketing materials or other communications from FYCSS. We do not sell, lease, rent or otherwise disclose your personal data to third parties.

### **16. Medical conditions that School staff should be aware of:**

The parent or guardian takes full responsibility for the student's health and confirms that the activities of the sailing school should not aggravate any known medical conditions. The parent / guardian will inform the school staff of any condition that might develop or manifest during the period of the sailing course.

### **17. Student Conduct**

The FYCSS reserves the right to withdraw any student prior to the completion of a course if, in the opinion of the instructor staff, the student has failed to conduct themselves in a reasonable manner and is disruptive to the class. In such cases, course fees may or may not be refunded, depending on the details of the situation.

## 18. Refund Policy

Refunds (less a \$50.00 service charge) will be allowed up to 14 days prior to the start date of each course, subject to confirmation with the School Director. Refunds requested at a later date will require a medical certificate (presented no later than 30 days from the end of the course) and will be prorated by the number of classes taken. No refunds will be given once 50% of the session is completed. Students or parents must notify the School immediately of any medical occurrence. No refunds can be made due to poor weather conditions.

## 19. Sail Canada Information Release

Contact information for each student must be shared with Canada's national authority on sailing, Sail Canada, so that they can log student progress and issue CANSail certifications. Under no circumstances will student names or information be shared for commercial purposes.

## 20. Souvenir Clothing

Sailing School T-shirts will be available for purchase during each session and at the banquet.

## 21. Information Acknowledgement & Liability Waiver

When registering for a sailing school program, parent(s)/guardian(s) acknowledge that:

- I have read, in its entirety, the above youth info,
- I understand the CANSail certification system and the skills required for certification to be achieved (see [www.fyc.on.ca/sailing-school/cansail-dinghy-program/](http://www.fyc.on.ca/sailing-school/cansail-dinghy-program/)),
- enrollment in a course does not guarantee certification at any level,
- sailing and other related activities may be hazardous and could expose participants to increased levels of risk, and
- I voluntarily assume these risks for the registering student.

I hereby release the Fanshawe Yacht Club, the sailing school, the Club members, officers, directors, employees and volunteers from all liability, claims and causes of action of any kind in respect of any personal injury, loss of property or loss of life arising out of the activities of the school. I have carefully read this waiver and I fully understand that I am freely executing same. I further understand that by agreeing to this waiver, I am prevented from any claim against the school and its parties.